



My name is Arianna Hardin, and I am a proud San Diego native. I have lived here for nearly 30 years. Outside of teaching, I enjoy scuba diving, hiking to waterfalls, spending time with my 11-year-old Chihuahua, and continuing to develop my skills at my favorite martial arts gym.

I grew up in my parents' boxing and Taekwondo gym, where I began training in various martial arts at four years old and started competing by the age of six. At 15, I worked at the front desk of a boxing gym and was given the opportunity to teach my first boxing class at a local elementary school while also training personal clients at the gym. After leading my first after-school boxing program, I discovered that my true passion was teaching youth and helping others reach their fitness goals.

I have also served as a Heartlight instructor, teaching kindergarten through fifth-grade students at multiple schools throughout San Diego County. I began substitute teaching at Torah High School in 2018 and have since become the official Physical Education teacher. It is truly a privilege to teach and mentor the young women at Torah High School, and I find great joy in supporting their growth both physically and personally.